

Jack's Farmhouse Multiseed Bread

Jack's / Tesco Stores Ltd



4.23 Reviewer Rating

out of 5

61 Reviewers



48

Score out of 50

Average for the category: 45

Verdict

A well executed loaf which for many, was 'fresh and tasty', prompting a five star rating amongst nearly half of our reviewers, with a further third awarding a four star rating. A good example of its type, it's competitive pricing contributed to regular purchases and everyday use.

Price **£0.60**

Weight / Volume **400g**

CMR Ref: 181173

Tried & Tested by people like you...

Consumer Reviews	Star Rating	% Who Rated	Reviewer Comments*
	★★★★★	48%	<p>Excellent bread, really tasty</p> <p>Excellent quality, taste and value</p> <p>Lovely and fresh and taste. Good to eat with just butter</p>
	★★★★☆	36%	<p>Good texture to the bread and the crust, could have a few more seeds. As a supermarket own bread, it was good.</p> <p>Good quality and large quantity for price</p> <p>Tasty, good quality and great price</p>
	★★★☆☆	11%	<p>Fresh tasty</p> <p>Pleasant tasting slice of bread .</p> <p>Nice tasting and good mouth feel. As part of a large family I probably wouldn't buy it too often as it wouldn't go round all of us</p>
	★★☆☆☆	2%	<p>Looks bad, taste bland and dry.</p>
	★☆☆☆☆	3%	<p>This bread isn't for me I found it too seedy and they got stuck in my teeth which was annoying, there wasn't a long life date either.</p> <p>Nice tasting loaf of bread texture was good, as was the value</p>

*Comments reported verbatim as provided from our reviewers

Ingredients

Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Mixed Seeds (13%) (Linseed, Millet, Sunflower Seeds, Poppy Seeds, Pumpkin Seeds), Yeast, Barley Malt Flour, Salt, Spirit Vinegar, Emulsifiers (Mono-andDi-Acetyl Tartaric Acid Esters of Mono-andDi-Glycerides of Fatty Acids, Mono-andDi-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Rapeseed Oil, Palm Oil, Flour Treatment Agent (Ascorbic Acid).

Nutrition per 100 g/ml

Energy (Kcal)	Total Fat (g)	Sat Fat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
267	6.1	0.8	40.3	3.9	5.5	9.9	1.1

Recommended Daily Allowance (%)

Energy (Kcal)	Total Fat (g)	Sat Fat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
13%	9%	4%	16%	4%	23%	20%	18%

Daily Intake percentages are based on the requirements for an average female with no special dietary requirements and an assumed energy intake of 2000 kcal.